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General Post Op Instructions

- Please call the office (215-546-2100) to schedule your follow up appointment for _____.
- You may take your dressing down on _____, but leave tapes on until 1st postop visit.
- Take all medications as directed.
- To decrease incidence of nausea and/or vomiting take all pain medications with food. If you experience feelings of nausea and /or vomiting try eating small, frequent bland meals. Do not lie flat directly after eating.
- Please consult with your surgeon before putting creams or ointment on your surgical incisions.
- Call the office if you are unable to tolerate food or liquids more than 24 hours, are vomiting for than 24 hours or become dehydrated.
- Call the office immediately if you have a fever of 101F or higher. Call the office if there is increase amount of pain at the surgical site or an increase in redness, swelling or warmth at the site.

If drains are in place:

- Keep drain site(s) clean using mild soap and water.
- You may apply a small amount of antibiotic ointment to the site of drain.
- Keep drain site covered with a 4x4 piece of gauze around the drain and tape. To place the gauze around the drain cut a slit from one side up to the middle.
- Milk the drain(s) four times a day so a clot does not form in the tubing.
- Empty drain bulb at least twice a day and measure drainage.
- Continue taking antibiotics until all drains are removed.
- Once drains are removed keep a band-aid on the site until a scab forms.