



840 Walnut Street, 15<sup>th</sup> Floor  
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(215) 625-6630

### General Post Op Instructions

- Please call the office (215) 625-6630 to schedule your follow up appointment for \_\_\_\_\_.
- You may take your dressing down on \_\_\_\_\_, but leave tapes on until 1<sup>st</sup> postop visit.
- Take all medications as directed.
- To decrease incidence of nausea and/or vomiting take all pain medications with food. If you experience feelings of nausea and /or vomiting try eating small, frequent bland meals. Do not lie flat directly after eating.
- Please consult with your surgeon before putting creams or ointment on your surgical incisions.
- Call the office if you are unable to tolerate food or liquids more than 24 hours, are vomiting for than 24 hours or become dehydrated.
- Call the office immediately if you have a fever of 101F or higher. Call the office if there is increase amount of pain at the surgical site or an increase in redness, swelling or warmth at the site.

#### If drains are in place:

- Keep drain site(s) clean using mild soap and water.
- You may apply a small amount of antibiotic ointment to the site of drain.
- Keep drain site covered with a 4x4 piece of gauze around the drain and tape. To place the gauze around the drain cut a slit from one side up to the middle.
- Milk the drain(s) four times a day so a clot does not form in the tubing.
- Empty drain bulb at least twice a day and measure drainage.
- Continue taking antibiotics until all drains are removed.
- Once drains are removed keep a band-aid on the site until a scab forms.