



840 Walnut Street, 15th Floor
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Post-operative instructions for Blepharoplasty

- Do not remove steri-strips (white tapes) from the eyelids. They will be removed upon your first visit back to the office to see the doctor at one week post surgery.
- Please call the office to schedule your appointment for:

- You May use cool compresses to the eyes to reduce swelling and bruising.
- Do not wear contact lenses for two weeks. You may wear your glasses.
- If needed, you may use over the counter natural tears to keep eyes moist.
- Avoid strenuous activities for two weeks.