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General Post Op Instructions

- **Please call the office (215-546-2100) to schedule your follow up appointment for _____.**
- **You may take your dressing down on _____, but leave tapes on until 1st postop visit.**
- **Take all medications as directed.**
- **To decrease incidence of nausea and/or vomiting take all pain medications with food. If you experience feelings of nausea and /or vomiting try eating small, frequent bland meals. Do not lie flat directly after eating.**
- **Please consult with your surgeon before putting creams or ointment on your surgical incisions.**
- **Call the office if you are unable to tolerate food or liquids more than 24 hours, are vomiting for than 24 hours or become dehydrated.**
- **Call the office immediately if you have a fever of 101F or higher. Call the office if there is increase amount of pain at the surgical site or an increase in redness, swelling or warmth at the site.**

If drains are in place:

- **Keep drain site(s) clean using mild soap and water.**
- **You may apply a small amount of antibiotic ointment to the site of drain.**
- **Keep drain site covered with a 4x4 piece of gauze around the drain and tape. To place the gauze around the drain cut a slit from one side up to the middle.**
- **Milk the drain(s) four times a day so a clot does not form in the tubing.**
- **Empty drain bulb at least twice a day and measure drainage.**
- **Continue taking antibiotics until all drains are removed.**
- **Once drains are removed keep a band-aid on the site until a scab forms.**